

# APCMS 2019

2<sup>nd</sup> Asia-Pacific CardioMetabolic Syndrome  
**Cardio-MetS Asia**

**DATE** Feb. 22(Fri) - 23(Sat), 2019

**VENUE** Grand Hilton, Seoul, Korea



## Welcome Message

Dear Colleagues,

The 2nd APCMS (Asia-Pacific CardioMetabolic Syndrome) Congress (APCMS 2019) will be held on February 22-23 (Friday and Saturday), 2019 at the Grand Hilton Hotel, Seoul, Korea.

The Metabolic Syndrome (MetS) consists of five risk factors- abdominal obesity, high triglycerides, low HDL-cholesterol, pre-diabetes, and pre-hypertension defined by NCEP ATP III. The CardioMetabolic Syndrome (CMS) was named by Drs. Robert Eckel and Jean-Pierre Després. Both are serving as Members of International Scientific Committee, APCMS. The CMS causes cardiovascular disease, diabetes, fatty liver disease, calcified disease, dementia, congenital malformation, and malignancy. It is prevalent globally and is increasing. The Asia-Pacific region is not an exception. The KNHANES study (Lim et al. Diabetes Care 2011) reported the prevalence increased from 24.9% in 1998 to 31.3% in 2007 in adults aged ≥ 20 years in Korea. Fortunately, the KSCMS study (Korean Survey of CardioMetabolic Syndrome) performed by our society, reported that the prevalence of CMS DID NOT INCREASE significantly from 21.1% in 2007 to 22.4% in 2015 in adults aged ≥ 19 years (Shin et al. Atherosclerosis 2018, in press). This remarkable result is due to effort of the KSCMS. The CMS can be preventable and modifiable by diet, exercise, and intensive control of risk factors.

Nonetheless, the scientific and academic congress to perform this goal for patients and physicians is not available. Therefore, we hosted the first APCMS Congress in Seoul. The theme was Cardio-MetS Asia. The 1st APCMS Congress was successfully held. Many professional representatives- cardiologists, endocrinologists, epidemiologists, family medicine physicians, nutritionists, sports medicine physicians from over 16 countries attended. The 1st APCMS Congress had suggested us a lot of meaning, particularly taking the first step for this journey-our mission, Cardio-MetS Asia to endeavor for CardioMetabolic Syndrome. You will be able to see the development and achievements that we will make throughout the years. We believe the success of this congress is achieved entirely by active participation and contribution from the world.

Therefore, we are pleased to announce and invite you to APCMS 2019. This academic, scientific, and joyful congress consists of educational symposia, joint sessions with overseas societies, original oral and poster presentations, best abstracts competition, and etc. Also, social activities and delicious and unforgettable cuisine will be served. However, it cannot be successful without your participation and contribution. We do promise to increase a travel grant budget for more overseas colleagues to join APCMS 2019. We will definitely welcome you.

Finally, the scientific program will be available online. [www.apcmscongress.org](http://www.apcmscongress.org).

If you have any questions, please feel free to contact a secretariat by e-mail at [apcms@ibmed.co.kr](mailto:apcms@ibmed.co.kr) or [apcmscongress@gmail.com](mailto:apcmscongress@gmail.com).

Thanks.

All the best,



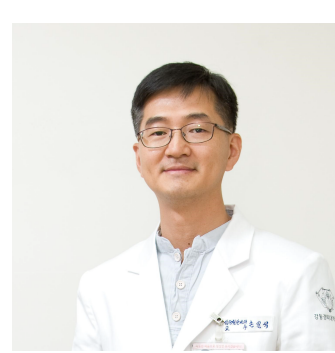
*Kwang Kon Koh*

**Kwang Kon Koh, MD, PhD, FACC**

President

Korean Society of CardioMetabolic Syndrome (KSCMS)

Asia-Pacific CardioMetabolic Syndrome Congress (APCMS)



*Il Suk Sohn*

**Il Suk Sohn, MD, PhD**

Scientific Chairman

## APCMS 2019 Website is OPEN this September!

[www.apcmscongress.org](http://www.apcmscongress.org) **go!**

## Important Dates

Abstract submission deadline	<b>November 30, 2018</b>
Notification of Abstract Acceptance	<b>December 31, 2018</b>
Early bird Registration deadline	<b>November 30, 2018</b>
Standard Registration deadline	<b>January 30, 2019</b>

## Registration

Category	Early Bird	Standard	On-Site
<b>Foreign</b>	100 USD	200 USD	300 USD
<b>Domestic</b> M.D. / Ph.D.	50,000 KRW	70,000 KRW	100,000KRW
<b>Domestic</b> Student, Nurse, Medical Representatives, Resident, etc.	20,000 KRW	30,000 KRW	50,000 KRW

·Bank Information (Korean Only) : 신한은행 100-032-315449 (신한은행 : 심장대사증후군연구회)

·Foreign Registrants Notice : Registration Fee will be done through Credit Card Only.

·Contact Us : APCMS (Asia-Pacific CardioMetabolic Syndrome) Secretariat's Office

Tel : +82-2-2273-8551 Fax: +82-2-2273-7651 E-mail: [APCMS@ibmed.co.kr](mailto:APCMS@ibmed.co.kr)

※ Accepted Foreign Abstract Submitters Registration Fee 50 USD (Will be refunded on site).

Accepted Domestic Abstract Submitters Registration Fee will be 40,000 KRW

※ If you wish to attend **the Presidential Dinner on Feb 23 (Sat)**,

you can either pay 30USD when you register online, or otherwise, you can buy the ticket on site.

**Presidential Dinner Venue : Samcheonggak**

We will inform you of updates through our official congress website or by e-newsletters.

※ Travel Grant for Overseas

– Japan, Taiwan, Hong Kong, China : **USD 600**

– Other Countries : **USD 800** \*Total: Over 60 selected abstracts

– Foreign abstract submitters failed for Travel Grant: Free designated hotel accommodation

for up to 3 nights with breakfast and reimbursement of registration fee.

\* Free Shuttle Bus to be Available Fri & Sat : Hotel ↔ Congress Venue \*

– Travel Grant for Korean: **KRW 400,000** to over 40 selected abstracts



**Best oral abstract-gold: USD 1,000**

**Best oral abstract-silver: USD 500**

**Best poster abstracts: USD 500**

## Venue



**Grand Hilton Seoul**

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**KOREAN SOCIETY OF CARDIOMETABOLIC SYNDROME** (President : Kwang Kon Koh)

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